



# Restorative Justice Partnership

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\* = Sacramento County

◇ = Students only

📄 = Requires assignment verification form

# Behavioral Health

## 1. Anger Management Workbook

A workbook containing exercises to help identify triggers, understand the impacts of anger, and apply anger management strategies.

Ask an RJP staff member for a copy.

## 2. Davis Shambhala Meditation Center

Free mindfulness instruction and sitting meditation. One-hour sitting meditation practice in-person at the Center every Sunday morning at 9, and via Zoom. Weekdays at 7am they gather on Zoom, and on Tuesdays, Wednesdays, and Thursdays they also sit in-person in their shrine room.

Website: <https://davis.shambhala.org/>

Call: (530) 738-1117

Email: [davis\\_shambhala@pacbell.net](mailto:davis_shambhala@pacbell.net)

## 3. National Alliance on Mental Illness Sacramento

NAMI Sacramento support groups are free, peer-led, and offer participants an opportunity to share their experiences and gain support from other attendees. There are in person and Zoom groups available. Groups include: Connection Recovery Support Groups; Family Support Groups; Community Support Groups.

Website:

<https://namisacramento.org/support-and-education/support-groups/nami-connection/>

## 4. National Alliance on Mental Illness Yolo

NAMI Yolo County support groups are free, led by trained family members and peers, offering participants an opportunity to share their experiences, learn about local resources and gain support from other attendees. There are in person and Zoom groups available. Groups include: Basics Support Group; Connection Recovery Support Groups; Family Support Groups; Young Adults Connection Support Group.

Website: [www.namiyolo.org/support-and-education/nami-yolo-county-support-groups/](http://www.namiyolo.org/support-and-education/nami-yolo-county-support-groups/)

## 5. Stress Management Workbook

This workbook explains common causes of stress, helps to identify stressors and symptoms, and assists in setting stress management goals.

Ask an RJP staff member for a copy

## 6. SeniorLink

A free program for Sacramento County adults 55+ experiencing isolation, depression, or anxiety. Staff advocates on your behalf with health care providers, increases socialization, and provides transportation services for a year. You must not already be receiving services through Sacramento County's mental health plan or be enrolled in other case management. The frequency of services is tailored to the individual needs and preferences of the participant. Staff are available by phone or face-to-face as needed or requested by the participant.

RJP staff will submit a referral on your behalf.

## 7. Yolo Hospice Support Groups

Colusa, Sacramento, Solano, Sutter, and Yolo county residents are welcome at these free support groups for adults, seniors, and caregivers. Groups include: Anticipatory Loss; Spouse/Partner Loss; Child Loss; Adult Bereavement; along with a few other groups/workshops. You can attend in person at YoloCares – 1909 Galileo Ct, Davis, CA 95618 or via Zoom.

Call: (530) 758-5566 to register

# Substance Use/Addiction

## 1. Alcoholics Anonymous

Meetings focus on achieving and maintaining sobriety while aiding in the recovery process. The only requirement for membership is a desire to stop drinking. Meetings are offered in person, online, and via phone call.

Meeting schedules:

[www.aadavis.org/meetings/](http://www.aadavis.org/meetings/)

[www.aasacramento.org/meetings/](http://www.aasacramento.org/meetings/)

Ask an RJP staff member for a copy of the meeting schedule.

## 2. Al-Anon

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. Sessions available for adults and teens. Meetings held in Davis and throughout Sacramento. A schedule can be found online at: [www.al-anon.org/al-anon-meetings/](http://www.al-anon.org/al-anon-meetings/)

Ask an RJP staff member for a copy of the meeting schedule.

## 3. Freedom from Problem Gambling Workbook

A self-help workbook to help you figure out if your gambling is a problem, why you gamble, and how to stop or reduce gambling. Contains several exercises and takes at least a month to complete.

Available in: English, Spanish, Chinese, Farsi, Hindi, Japanese, Korean, Laoatian, Lu Mien, Punjabi, Russian, Samoan, Tagalog, Thai, Ukranian, Vietnamese, Cambodian, Armenian, Arabic.

Ask an RJP staff member for a copy.

<http://www.uclagamblingprogram.org/treatment/workbook.php>

## 4. LifeRing Secular Recovery Meetings

An abstinence-based group of individuals seeking to live in recovery from substance and alcohol addictions. LifeRing offers small groups that meet weekly to encourage personal growth and learning while discussing struggles and successes in sobriety. Meetings held daily online; no local in-person meetings are available.

Ask an RJP staff member for a copy of the meeting schedule.

[www.lifering.org/online-meeting-schedule](http://www.lifering.org/online-meeting-schedule)

## 5. Mothers Against Drunk Driving (MADD) Victim Impact Panel

MADD Victim Impact Panels (VIPs) in Sacramento provide a nonjudgmental forum for victims to speak to participants about the impact of their actions. VIP's have been used in prisons, with parolees, in youth education programs, and in treatment centers. Online victim impact panels available. Participants will have to enroll themselves at [www.maddvip.org](http://www.maddvip.org). Ask RJP staff for assistance.

## 6. Narcotics Anonymous

Narcotics Anonymous employs the traditional 12-step program used by Alcoholics Anonymous with an emphasis on a wider variety of addictive substances, including prescription drugs and illicit drugs. They focus on the impacts of addiction on daily life. Virtual and in-person meetings available. See website below for meeting times and locations:

[www.na.org/meetingsearch/](http://www.na.org/meetingsearch/)

Ask an RJP staff member for a copy of the meeting schedule.

## 7. Rethinking Drinking

Rethinking Drinking is a short workbook which focuses on helping the participant to chart their drinking habits, understand emotional triggers, and learn the harms of overconsumption. The workbook promotes safe habits and challenges the individual to think about their alcohol consumption from all angles.

Ask an RJP staff member for a copy.

## 8. Smart Recovery Toolbox

The SMART Recovery Toolbox provides a variety of methods, worksheets, and exercises to help you self-manage your addiction recovery and your life. This workbook is based on developing cognitive thinking skills to support addiction recovery. Ask an RJP staff member for a copy.

# Employment

## 1. All Leaders Must Serve

All Leaders Must Serve (ALMS) is a mentoring organization for young adults ages fifteen to twenty-five with a focus on job readiness and self-sufficiency. The Young Adults course focuses on teaching the skills needed to succeed in the workplace and in real life. The initial 12-week course includes essential lessons on soft skills, career coaching, mentoring, and goal setting. Meetings are held once a week at various sites. Ongoing mentoring through age 25 is available to young adults who are interested in continued support.

Apply at [AllLeadersMustServe.org](http://AllLeadersMustServe.org) or call Jayne Williams at 916-769-5162 for more information.

## 2. Licensee Education on Alcohol and Drugs

The California Department of Alcoholic Beverage Control's LEAD Program is a free prevention and education program for retail licensees, their employees, and applicants. The program provides attendees with practical information on selling alcoholic beverages safely, responsibly, and legally, with emphasis on preventing sales to minors, sales to obviously intoxicated persons, and illicit drug activity at the licensed establishment. You can take the class online or in person.

<https://www.abc.ca.gov/education/lead-training/>

## 3. One-Stop Career Center

One-Stop provides employment assistance, workshops, and various other resources to all Yolo County residents free of charge. Career center staff can assist participants in job searching online and a copy/fax machine is also available. Workshops focusing on career exploration, job applications, resumes, interview techniques, and job searching are provided every fifteen days if you register in advance.

Ask an RJP staff member for a copy of this month's One-Stop workshop and class schedule. To register, contact Eileen Whitfield at (530) 661-2750, ext. 4359.

## 4. RISE Inc

RISE, Inc. serves is a one-stop-shop for social services. They seek to provide services and connections to services for families in need to promote self-sufficiency and general well-being. Resources include food, clothing, housing applications, STEAC, HEAP, Salvation Army, Legal Services and more. Only for residents located west of I-505.

Winters: [Leticia@riseinc.org](mailto:Leticia@riseinc.org) (530)794-6000  
Esparto: [Maribel@riseinc.org](mailto:Maribel@riseinc.org) (530)787-4110

The RISE youth employment program serves out of school youth under the age of 25. Eligibility requires clients to be either low income, pregnant, parenting, a foster care child, or disabled. The program will provide job readiness and career exploration, paid work experience, help with school enrollment, etc. Available to youth in Capay Valley, Dunnigan, Esparto, Knights Landing, Winters, Woodland or Yolo areas  
Call: Winters: (530)794-6000  
Esparto: (530)787-4110  
Woodland:(530)665-6730  
Cell Phone (530)908-6147  
OR Email: [Kera@riseinc.org](mailto:Kera@riseinc.org) to contact an employment specialist and enquire about enrollment.

Offices are open Monday-Friday 8:30am-4:00pm but with limited staff members inside the building. Face masks are required

## 5. WCC Career Center

The Woodland Community College career center is available to all students and community members who seek assistance in identifying career and personal goals, are interested in the career exploration process, and require tools for college major selection and/or resume and interviewing skill development. They offer free personality career assessments, access to a current library of occupation-specific references and resources, and career workshops/seminars. 2300 E Gibson Rd, building 700, room 774. They offer one-on-one career counseling by appointment. Please call the Counseling Office at (530) 661-5703 to schedule your appointment.

# Employment

Career Center Drop ins: Zoom.us/join  
Meeting ID: 851 3889 8969 Password:  
EuEW50 Every Wednesday and Thursday  
12-1pm

## **6. Workforce Innovation and Opportunity Act Training Program**

Yolo county residents ages 18-24 can sign up for WIOA, which provides up to \$5,000 in tuition fees for in-demand short-term training schools from their approved list. WIOA also assists with job readiness, apprenticeships, and school visitation before enrollment. Males must be registered for the selective service to participate. Woodland: Contact Edith Soloranzo at (530) 661-2750 ext. 4029 to set up an informational appointment at the Yolo HHS building. West Sacramento: Contact Manjeet Sanghera at (916) 375-6200 ext.9728

## **7. YoloWorks!**

YoloWorks! is a joint partnership of the Yolo County Workforce Innovation Board, Yolo County Health and Human Services, and the American Job Centers of California (YoloWorks! Career Centers). Interested job seekers can access the Virtual Employment Center on the YoloWorks! website to schedule virtual meetings with Employment Specialists to receive job search assistance, get information on training opportunities, job application assistance, interview skills, techniques, and help with building effective resumes. To get started, job seekers can visit [www.yoloworks.org](http://www.yoloworks.org) and select the popup window to schedule an appointment. Additionally, job seekers can assess the chatbot at [www.yoloworks.org](http://www.yoloworks.org) to schedule an appointment.

- Resume Assistance
- Interview Skills and Techniques
- Job Search Assistance
- Career Planning
- Information on training opportunities

# Education

## 1. California Conservation Corps

The CCC offers a hybrid job skills training and adult education program. The program requires a 40 hour work week at minimum wage, and those without a high school diploma must earn one through CCC's partnership charter school. The CCC is open to individuals 18-25. 1719 24th St, Sacramento (916) 341-3224 – [www.ccc.ca.gov](http://www.ccc.ca.gov)

## 2. Davis Adult and Community Education

DACE offers a state-approved course to earn a High School Diploma free of charge. [https://dace.djUSD.net/high\\_school\\_diploma](https://dace.djUSD.net/high_school_diploma).

To enroll, students must have a copy of their most recent transcript and must register in-person. Students may enroll at any time throughout the year by bringing a copy of their most recent transcript to the office and then attending the orientation series and taking the pre-assessment test. Lastly, they must schedule an advisory session with the principal. Classes meet Monday-Thursday. English as a Second Language at DACE provides students with a free opportunity to increase their use and understanding of the English language. Students must register in person at the office and then make an appointment to take the pre-test. Classes are Mon/Weds or Tues/Thurs. 315 W. 14th St (530) 757-5380

## 3. DriveSafely's Defensive Driving Skills Guide

A short 5 pg workbook about defensive driving practices focusing on eliminating distractions on the road, decreasing the chances of having an accident, and instilling personal habits to make the road a safer place for yourself and the drivers around you.

Ask an RJP staff member for a copy.

## 4. Independent Living Skills Program

ILSP offers youth under twenty-one assistance in gaining life skills. This program is for those who are leaving or have already left the foster care system or were on probation and are in out-of-home

placement. Participants will be taught things such as how to open a bank account, how to obtain a California ID, how to conduct a job search, how to research secondary education options, how to manage money, and much more. Ask an RJP staff member for a copy of this month's ILSP program calendar. Ramiz Ali, (530) 681-9219 25 N. Cottonwood St, Woodland Virtual meetings offered via Zoom listed on calendar below: <https://www.yolocounty.org/health-humanservices/children-youth/independent-livingskills-program>

## 5. Northern California Construction Training

NCCT is a job preparation program offered to men and women 16 and up. The six-month pre-apprenticeship program helps prepare individuals for entry into various construction trade apprenticeships. Tools are provided, as well as remedial education and GED preparation if necessary. Complete the Enrollment Form online at <https://ncct.ws/enrollment/>. You will be emailed the Welcome Packet and Application. Complete your application and turn into the main office either via email or onsite at 10411 Old Placerville Rd. STE 205 Sacramento, CA 95827. Office hours are typically M-F from 8:00AM-2:30PM. Once you have turned in all your paperwork and required documents to NCCT office staff, you will receive a start date.

- West Sac location/contact info: 1290 Carrie St, West Sacramento / 916-923-8771
- Woodland location/contact info: 1250 E. Gum Avenue, Woodland / 916-730-9880 or 916-387-1564

## 6. Washington Adult School

Washington Adult school offers a variety of free education & training opportunities for adults, including English Language (ESL), Citizenship, High School Diploma, High School Equivalency in English & Spanish, and Pre-Apprenticeship Construction training. There are no fees and students can enroll anytime at:

<https://was.asapconnected.com/> or by

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coming into the school office (call or email for office hours). Students can start class quickly after registering (high school diploma students should be ready to provide a copy of their high school transcript). Classes are held during the day and in the evening at three sites in West Sacramento. A counselor can help you in creating an education plan that is flexible to your needs and effective in helping you meet your educational goals. There is also a student center with information about current employment opportunities, college and training programs, and community resources. 919 Westacre Road, West Sacramento. For more information call 916-375-7740 and press 1 or email [adulthood@wusd.k12.ca.us](mailto:adulthood@wusd.k12.ca.us).

## 7. Woodland Adult Education

Woodland Adult Education offers free basic review courses designed to improve reading, writing, and math in preparation for the GED, HiSET, or a high school diploma. There are also free test preparation courses for the CBEST (teaching credential) and CODESP (human resources) exams.

- Students interested in pursuing a high school diploma or an equivalent certificate must attend orientation. Orientation is available weekly as follows by appointment only: Tuesday at 9:00 a.m. and Wednesday at 5:30 p.m. **Classes are free, testing is not.**
- Four levels of ESL classes are held Monday through Friday at the Adult Education main site, 575 Hays Street from 9:00 a.m. -1:00 p.m. Four levels of classes are held Monday through Thursday at the Adult Education main site, 575 Hays Street in the evening from 6:00-8:30 p.m. Call (530) 406-5908 for locations and details.

## 8. Woodland Community College

Through WCC's Admissions and Records office, students can obtain information regarding admission, enrollment, classes, placement testing, and various other processes. The Financial Aid office is available to assist students in bridging the

gap between their own resources and the cost of attending college. They offer assistance with completing applications and can provide information about the requirements of various financial aid programs. 2300 E Gibson Rd, building 700 Mon-Tues 9am-6pm Weds-Thurs 9am-5pm, Friday 9am-12pm Admissions: (530) 661-5720 Financial Aid: (530) 661-7525

## 9. Woodland Public Library Literacy Services

English reading and writing skills are taught to adults by tutors. Turn in an application to be matched up based on availability. Tutors typically meet with students for 1-2 hours a week. 250 First Street, Woodland (530) 661-5986

[trina.camping@cityofwoodland.org](mailto:trina.camping@cityofwoodland.org) Tutoring by appointment only, via Zoom, People can call or stop by to make appt. M-Th 9-3pm. Virtual learning and tutoring links are available on the website below:

<https://woodlandpubliclibrary.com/QuickLinks.aspx?CID=12>

## 10. Writing Assignment

Research papers can be helpful to educate you on the impact of the incident on yourself and on the community. Writing assignments allow for further reflection concerning the harms of your actions and may help you come to an understanding on the public policy behind the law. Reflective essays can also be helpful by allowing you the time to reflect on the harms which have been done to others, as well as yourself. When you reflect, be sure to also reflect on what it will take to restore balance and trust in the community after this incident. Topic points for writing assignments should be written out in further detail on the writing assignment form. Please also specify the number of pages that will need to be turned in.

## 11. Grow with Google

YoloWorks!, Yolo County Workforce Innovation Board, and Yolo County Health and Human Services Agency have partnered with Coursera to provide free

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career-focused, online learning resources to Yolo County residents in IT Support, Data Analytics, Project Management, UX Design or Android professional certificate programs without the need of a college degree or prior experience. Google Career Certificates provide people with access to in demand jobs through rapid reskilling without the need for a college degree or prior experience in the fields of data analytics, IT support, project management or user experience design. Takes 3-6 months [https://grow.google/certificates/#?modal\\_active=none](https://grow.google/certificates/#?modal_active=none)

## **12. Yolo County Office of Education**

The Office of Education provides free assistance to all individuals who wish to pursue a high school diploma through adult education programs, or who wish to explore options for higher education (community college, trade schools, 4- year universities, etc.). A dedicated client navigator meets 1-on-1 to discuss and develop strategies to help individuals overcome all forms of barriers that may prevent them from pursuing further education.

Eric Banuelos: (530) 406-5942  
1280 Santa Anita Ct Suite 100, Woodland

## **13. Yolo Reads Literacy Services**

In partnership with local libraries, Yolo Reads offers free assistance at the learner's own pace. You can set personal reading and writing goals with your tutor and meet one-on-one once a week at the library for up to two hours. Some tutors can also meet at a coffeeshop, bookstore, or community center. Additionally, Yolo Reads offers free English conversation groups at the Davis library for limited English speakers during both day and evening hours. Yolo Reads is active at libraries in West Sacramento, Davis, Esparto, Clarksburg, Knights Landing, and Yolo.



# Economic Needs

## 1. California Alternate Rates for Energy Program

CARE program offers a 20-35% discount on your electric bill and a 20% discount on your natural gas bill for households of at least two people with a combined income equal to or less than twice the federal poverty limit. Apply online for PG&E customers: [https://www.pge.com/en\\_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page](https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page)

## 2. Clearpoint Credit Counseling

ClearPoint offers free budget and credit counseling sessions over the phone, online, or face-to-face, along with foreclosure prevention and rental counseling. You can also request a free FICO credit score and report. <https://www.clearpoint.org/>

## 3. Food Banks and Providers

Ask a RJP staff member for a calendar of food distributions in Davis, West Sac, or Woodland.

## 4. Food for Seniors \* \* 📄

Sacramento County seniors over sixty who face financial, medical, or mobility challenges can receive a box of food staples each month. To see if you qualify, bring your driver's license and a bill to verify your address to a distribution site. Medical waivers available for those unable to visit the distribution site in person. <https://www.sacramentofoodbank.org/food-for-seniors>. Ask the RJP staff for a schedule of distribution locations.

## 5. Lifeline Phone Service

LifeLine provides a discounted phoneline for households receiving benefits if your service provider is an approved service. Once you notify your provider that you qualify, they submit your application and LifeLine mails you an enrollment form, which you must return with proof of benefits. English: 1-866-272-0357 Spanish: (866) 272-0350 <https://www.californialifeline.com/>

## 6. North Coast Energy Services Inc.

The Home Energy Assistance Program (HEAP) provides payment assistance for home energy bills once per calendar year. Households who have received a shut-off notice may receive immediate help by visiting the Woodland office. 1250 Harter Avenue, Suite D, Woodland (530) 669-5700 or toll free at 1-800-233-4480.

## 7. Yolo 211 Fresh Text

FreshText is a free service that sends you a text reminder twenty-four hours before the next free food distribution in your community. To opt-in to this service, text the keyword for your community to 888777: Woodland: OLIVE | North Yolo: RICE | West Sac & Clarksburg: GRAPE | Davis: TOMATO | UC Davis (students only): AGGIES | Capay Valley: WALNUT | Winters: ALMOND

## 8. Sacramento Food Bank \* \*

Ask an RJP staff member for this month's Produce for All calendar, which provides free fruits and vegetables at distribution sites with no eligibility requirements. To sign up for CalFresh, make an appointment or walk-in to the Sacramento Food Bank for help submitting an application. To find a food distribution near you, go to the website and search by zip code: <https://www.sacramentofoodbank.org/food>  
1951 Bell Avenue, Sacramento – (916) 925-3240  
3333 Third Avenue, Sacramento -- (916) 456-1980

## 9. Yolo Food Bank

Call the main office at (530) 668-0690 to learn how to access the dates/times/locations of any distributions as well as receive text updates. The Eat Well Yolo program provide families and individuals with healthy foods at weekly distributions. The Eat Home Yolo program provides food services directly to homebound individuals. Visit <https://yolofoodbank.org/> to find out more on how to access food distribution sites.

# Economic Needs

## **10. Khan Academy – Financial Literacy**

This free, 11-unit course is designed to help you better understand the financial world around you. The objectives of this course are to help you:

- understand basic financial concepts
- develop good budgeting habits
- know how to invest your money wisely
- feel confident in making informed financial decisions

No matter your age or background, there is always more to learn when it comes to money. This course will introduce you to a variety of topics, from budgeting to investing, and everything in between.

Show proof of your Mastery Level which should be “Familiar” or above for each unit.

<https://www.khanacademy.org/college-careers-more/financial-literacy>

# Service Centers

## 1. Alta Regional \*\*

Alta California Regional Center assists individuals with specific developmental disabilities and their families in accessing appropriate services. ACRC provides services to infants 0-36 months as part of an early start program, and 3 years and above. Call the intake line here: (916) 978-6317

Main office: 2241 Harvard Street, Suite 100  
Sacramento CA 95815

## 2. CommuniCare

Health services where you are not required to have health insurance. Sliding Fee Discounts are available to all patients who meet family size and income requirements. If you do not have health insurance, Client Benefit Advocates at each CommuniCare location can help you apply for health insurance or programs including: Medi-Cal, County Medical Services Program, Path to Health, and CalFresh. Free medical and behavioral health services provided on campus during the school year to enrolled students at Woodland Community College, Cache Creek High School, and Martin Luther King, Jr. High School.

<https://communicarehc.org/>

Davis: (530) 758-2060

Woodland: (530) 405-2800

West Sac: (916) 403-2900

## 3. Davis Community Meals Resource Center

Providing low-income and homeless individuals and families with housing, food, and human services. Their Resource Center and Day Shelter located at 1111 H Street, Davis, open Mon-Fri 8-4pm, also provides access to necessities such as food, showers, clothing, laundry facilities, personal hygiene products, and other basics. They can give referrals for utility shut-off prevention, rental assistance, health care, and counseling. Free meal program located at St. Martin's Episcopal Church, 640 Hawthorn Lane, Davis on Tuesday and Thursday evenings 5:45-6:30pm and lunch on Saturday from 11:30-12:15pm.

Call: (530) 753-9204

## 4. Empower Yolo

Free, confidential help with enrollment in public assistance programs, referrals to foodbanks and clothing closets, career coaching, tax assistance, counseling, citizenship classes, parenting classes and child development screenings for individuals who have been victims of domestic violence, stalking, human trafficking, sexual assault, and child abuse. All services are available in Spanish. To start, come to the Woodland office (Mon-Thurs 8:30-5, Fri 8-4) or leave a voicemail on the therapy line. 175 Walnut St, Woodland – (530) 661-6336  
Therapy intake line: (530) 665-5332  
24 Hour Crisis Line: (530) 662-1133  
Appointments are encouraged. Please call the office.

## 5. Health and Human Services Agency

Programs you may be screened for include CalFresh, WIC, the Woodland Food Closet, Medi-Cal, Covered California, CalWORKs, General Assistance, SSI, Social Security Disability Income, Refugee Cash Assistance, the Child Care Subsidy Payment Program, the Alternative Childcare Payment Program, Step by Step Home Visiting, STEAC, and Suit up for Success. Eligibility depends on income. 25 N Cottonwood St, Woodland- 8am-5pm - (530) 661-2750  
500 Jefferson Blvd, Suite A, West Sac-8am-4pm - (916) 375-6200

## 6. Legal Services of Northern California (Spanish speaker friendly)

Free legal assistance for low-income residents in Yolo County, for the following case types: housing, government benefits, health, other civil legal issues. *Personal injury, criminal defense, and divorce/child custody cases are not eligible.*

<https://lsnc.net/>

Woodland office: 619 North Street.

Phone: (530) 662-1065, contact (866) 815-5990 for afterhours intakes.

## Service Centers

### 7. Planned Parenthood

Affordable healthcare and sex education with or without insurance. Services include birth control, HIV testing, men and women's healthcare, pregnancy testing and services, emergency contraception (available anytime for walk-ins), or STD treatment, testing, or vaccines. Spanish interpreters available on request. Walk-ins accepted; appointments preferred. (877) 855-7526

Woodland office open Mon-Tues & Thurs-Fri, 8:30-5pm, closed Sat/Sun/Wed.

Utilizing telehealth services, also text and chat functions are available online at the website below:

<https://www.plannedparenthood.org/>

### 8. Yolo County Victim Services

Staff educates victims on their rights and options and can also connect them to housing and counselors for emotional trauma. Services are free.

301 Second St, Woodland – Mon-Fri, 8-5pm

### 9. Shelter App – Sacramento County

Shelter App, Inc. is an All-volunteer Non-Profit Organization whose mission is to help Homeless and low-income families connect to services and resources using web and mobile app platforms.

For Sacramento residents, look here for a [list of services available at Francis House Center.](#)

Sacramento residents can also dial 2-1-1, which is a one-stop source of information for people looking for community services and resources.

# Child Care / Emotional Support

## 1. Children's Home Society

A hotline for childcare referrals in your area along with info on upcoming workshops, knowledge on child development, assistance with employment, and additional resources.

Resource & Referral Hotline / Email: (530) 645-6265 / [ReferralsYO@chs-ca.org](mailto:ReferralsYO@chs-ca.org)  
Woodland office located at 1100 Main Street, Suite 120, open Mon-Fri 8:30-5pm. They require appointments for in-person meetings. Apply online for childcare assistance: <https://www.chs-ca.org/child-care-payment-program/eligibility-list-questionnaire>

## 2. Collings Teen Center After-School Program

West Sac students can hang out for free in a supervised, relaxed environment. There is internet, pool tables, basketball, videogames, and a variety of scheduled activities year-round.

1541 Merkley Avenue, West Sac  
Mon-Fri 2pm-6pm - (916) 375-0681  
[CTC@collingsteencenter.org](mailto:CTC@collingsteencenter.org)

## 3. Yolo County Children's Alliance

Play School Experience, a bilingual early childhood education program, is offered two times a week in English and Spanish and twice a month in English and Russian. Children ages 0-5 learn school readiness while parents receive support. The YCCA also has English and non-English speakers to translate documents, fill out applications, receive developmental screenings, prepare taxes, or help to enroll you in Medi-Cal, CalFresh, or free parenting workshops. Call ahead for an appointment.

Davis: (530) 757-5558 - 600 A Street, Suite Y, Mon-Fri 10-3pm

West Sac: (916) 572-0560 - West Sac Family Resource Center, 1200 Anna Street, Mon-Fri 8:30-4:30pm.

Woodland: (530) 661-2748 - Dept. of Employment and Social Services, 25 N. Cottonwood Street, Mon-Fri 9-4pm

Visit the link below for more information:

<https://www.yolokids.org/>

## 4. Yolo Crisis Nursery

The Yolo Crisis Nursery offers care packages to any family in need with children ages 0-5 which include supplies such as diapers, wipes, baby formula, clothing, etc. Call the nursery weekdays 7am-7pm for this service. They also offer free crisis care, for when parents face an immediate challenge in providing a safe environment. Children can receive up to 30 days of care over a 6-month period. If you are experiencing a crisis, the Family Helpline is available 24/7, 365 days a year at (530) 758-6680 – [info@yolocrisisnursery.org](mailto:info@yolocrisisnursery.org)

## 5. Crime Victims Assistance Network

I-CAN provides survivors with emotional support, information, resources, and referrals. All their services are free of charge. To find out if you are eligible for free counseling or therapy, call (916) 273-3603. Located at: 1809 S Street, #101316, Sacramento, open Mon-Fri 9am-5pm - [getinfo@icanfoundation.org](mailto:getinfo@icanfoundation.org)

## 6. Women Escaping a Violent Environment

WEAVE provides programs and services to those impacted by domestic violence, sexual assault, and sex-trafficking, whether the incident just occurred or happened years ago. Their 24/7 support and information line can link you to an emergency shelter, advocates who can accompany you to law and medical appointments, financial mentoring and education, and assistance in filling out paperwork to make your address confidential and unlisted. Appointments preferred; walk-ins welcome during business hours (Mon-Fri 8:30-6pm) 1900 K St #200, Sacramento - (916) 920-2952

[WEAVEinc.org](http://WEAVEinc.org)

# Making Amends in the Community

## Apology Letter

Letters of apology can help sort out your feelings and realize the consequences of your actions, as well as apologize formally. Agreements should specify the length of the letter by pages and the address of the recipients. Ask an RJP staff member for a copy of the guidelines.

*Community service is appropriate when it is mutually agreed upon by the panelist and the participant. The work should not exceed twenty hours and must be performed in the community that was harmed by the offense. Assignment verification form required.*

Woodland	Davis	West Sac
<p><b>Empower Yolo</b> Help organize the clothing closet. Volunteer coordinator: Ye, (530) 661-6336</p> <p><b>Woodland Tree Foundation</b> Water and mulch trees during the summer and fall, plant trees in the winter and spring. Each event lasts 3-4 hours and is usually held on Saturday mornings. Volunteer coordinator: Ken Trott (530) 867-3130</p>	<p><b>Davis Cemetery and Arboretum</b> Weeding, pruning, and physical labor. Mon-Fri 9am-4pm. Visit <a href="http://davisceemetery.org/become-a-volunteer/">http://davisceemetery.org/become-a-volunteer/</a> or email <a href="mailto:jess@davisceemetery.org">jess@davisceemetery.org</a>.</p> <p><b>Tree Davis</b> Plant and care for trees in Yolo County. Plantings occur October-May on weekends. If you are planning to participate, you must bring the following: work gloves, water, snacks, sun protection, wear closed-toed shoes. All volunteers will be asked to sign a waiver upon arrival. Sign up at <a href="http://www.treedavis.org/volunteer/">www.treedavis.org/volunteer/</a></p> <p><b>Village Harvest Davis</b> Harvest fruit trees for donations once to twice a week. Volunteer coordinator: Joe Schwartz, (530) 759-9792 During COVID-19, Wednesday volunteer opportunity delivering boxes of Food to Yolo Food Bank</p>	<p><b>West Sacramento School Gardens</b> Assist with garden maintenance at River City High School. Volunteer Coordinator: Andrew Tait –<a href="mailto:Atait@wusd.k12.ca.us">Atait@wusd.k12.ca.us</a></p>
<b>ALL CITIES IN YOLO COUNTY</b>		
<p><b>Yolo Food Bank</b> The Yolo Food Bank has many volunteer opportunities all over Yolo County. Help with sorting and packing food, distribution, and delivery. Sign up at <a href="http://yolofoodbank.org">yolofoodbank.org</a></p> <p><b>Meals on Wheels</b> Fill out an interest form online at: <a href="https://www.mowyolo.org/volunteers">https://www.mowyolo.org/volunteers</a> Orientation is mandatory and is conducted in West Sacramento, Winters, Woodland, and Davis. Meet staff, volunteers, and have a site tour. Appointments are required. Email <a href="mailto:volunteer@mowyolo.org">volunteer@mowyolo.org</a> or call 530-662-7035.</p>		

# Student Resources

## 1. Aggie Recover, Inspire, Support, and Empower 12-Step Meetings

Provides students who are struggling with addiction/dependency with a support system and a safe space to discuss personal issues. Group members strive for abstinence but welcome those in all stages of recovery. Thursdays 8 pm at the Putah Creek Riparian Reserve Fire Pit. (530) 752 6334

ZOOM meeting during COVID-19 “Aggies for Recovery Group Meeting” on Thursdays at 6:30pm at link below:

[https://shcs.ucdavis.edu/recovery\\_resources](https://shcs.ucdavis.edu/recovery_resources)

## 2. Alcohol, Tobacco, and Other Drug (ATOD)

Helping students make healthy choices with substances. Intervention Service Coordinators provide assessment and intervention services. No-use or low-risk behaviors encouraged. Call (530) 752-6334 for an appointment and mention you are in Restorative Justice Partnership. Accepting clients virtually (both during school session and summer).

## 3. Sacramento City College West Sacramento Center

Students can receive assistance with financial aid forms, enrollment, and registration. There is a computer lab and a math lab with drop-in tutoring. There is also a writing center with tutoring for English and ESL classes. 1115 West Capitol Avenue, West Sac Mon-Fri 8:30am-5pm (916) 375-5511

## 4. UC Davis Counseling Services

Free counselors help students cope with issues such as ADHD, anxiety, substance abuse, conflict resolution, depression, eating disorders, family problems, personal development, sexual assault, and stress management. Appointments are located at North Hall; if long term services are needed a referral to a community professional will be made. If you are a med, veterinary, or law student, the location and referral process for counseling is different. (530)

752-2349 - Mon-Fri, 8-5 During COVID-19 video conference and telephone counseling sessions are available. See the link below for more information:

<https://shcs.ucdavis.edu/counseling-services>

## 5. UC Davis Internship and Career Center

UCD’s Internship and Career Center is available to all students and graduates up to one year past graduation date. They offer assistance in obtaining internships, applying for jobs, post-grad education, joining the Peace Corps or military, and more. 15-minute career counseling sessions are available for walk-ins; thirty-minute follow-up sessions can be scheduled when necessary. The ICC also has career workshops and career/internship fairs. South Hall, Mon-Fri 10am—4pm (530) 752-2855. ICC services will continue to be virtual throughout summer 2021. Effective September 1, ICC services and advising appointments will be offered both virtually and in person. See link below for virtual services:

<https://icc.ucdavis.edu/services/available-remotely>

## 6. UC Davis Safe Party Website

A website with tips for reducing the risks of alcohol and noise complaint problems, as well as party-throwing advice.

<https://safeparty.ucdavis.edu/>

## 7. UC Davis Academic Assistance and Tutoring Centers

Academic support services including study skills workshops, advisement, ESL support, and drop-in tutoring. 111 South Hall, UC Davis Mon-Fri 9am-12pm and 1pm-4pm. (530)752-4475 –Staff are available by live Zoom at the virtual front desk to assist the campus community.

<https://tutoring.ucdavis.edu/>

## 8. UC Davis Transfer Reentry Veterans Center

Helping all transfer students, veterans, dependents of veteran students, and reentry

# Student Resources

students to acclimate to life at  
UCDavis. 1210 Dutton Hall, UC Davis 9am-  
4pm – (530) 752-2200  
<https://opportunity.ucdavis.edu/centers/trc>

## **9. Woodland Community College Counseling Office** 📄

Counselors will help students develop an education plan to earn an Associate's degree, transfer to a university, or complete a certification program. They also offer academic success workshops. 2300 E Gibson Rd, #700, Woodland – (530) 661-5703 – By appointment only, online and in person.



# E-Learning

## 1. NASP Shoplifters Alternative Course – for Adults

### • 3-4 hours

The Shoplifters Alternative Course is an interactive online program where participants are required to answer a series of questions after watching video scenarios, which are guided by a facilitator, along with others who have also been caught shoplifting, to take participants through an individualized journey of self-reflection and evaluation. After developing a better understanding of their behavior, participants will work to create a personal plan to stop shoplifting based on their own previously identified pressures and triggers.

## ADVENT E-Learning Courses:

Advent delivers convenient, self-directed education for participants who want to demonstrate initiative in taking control of their lives and correcting their behaviors. Online courses allow you to stop during the program and resume where you left off, if using the same device.

## 1. Alcohol Substance Abuse ★+

### • Level 1: 2-4 hours, Level 2: 6-8 hours

This program teaches students the signs and science of alcohol and substance abuse, the impacts and consequences of substance use, and teaches techniques and resources available to students who have a substance abuse problem. The evidence-based coursework is appropriate for alcohol and other substance offenses and common sanction applications.

Good for: alcohol misdemeanors and violations; controlled substance misdemeanors; misdemeanor intoxication.

## 2. Anger Management ★+

### • Level 1: 2-4 hours, Level 2: 6-8 hours

This program teaches students to understand their unhealthy approach to anger and learn techniques to change their response to frustrating situations. The evidence-based coursework is appropriate for a number of misdemeanor aggression offenses, family violence and abuse cases, and common sanction applications.

Good for: Misdemeanor assault and abuse; menacing and harassment; endangerment; stalking and protective order violations; resisting arrest; contempt of court.

## 3. Animal Care ★

### • 2-4 hours

This program teaches the basics of animal law as it relates to proper care of pets and horses. The instructional coursework is

appropriate for those charged with animal care and code violations.

Good for: Animal Neglect, Abandonment and Cruelty offenses; local animal code violations.

## 4. Boating & Outdoor Safety

### • 1 hour

Program was created to help students understand the general laws and regulations governing boating as well as how to conduct themselves in any wilderness excursions. Navigation rules are extensive and stringent because they are so important and, while boating laws will vary slightly from state to state, the program will give them a basic knowledge of some of the most important rules. The Boating & Outdoor Responsibility Program gives them practical direction for many aspects of water and wilderness recreation. They'll learn what is expected of them as a conscientious outdoor sports enthusiast.

Good for: Fishing, hunting, wildlife and boating violations and misdemeanors.

## 5. Corrective Thinking ★

### • 2-4 hours

This program teaches students to think about how they think, how they live, how they communicate, and how to make better choices in their lives. The evidence-based coursework is appropriate for wide variety of common misdemeanor offenses and common sanction applications.

# E-Learning

Good for: Gang participation and recruitment; trespassing, mischief and littering; unlawful assembly and loitering; disorderly conduct; escape, resisting and fleeing arrest; perjury and contempt; prostitution; misdemeanor sexual abuse; indecent exposure.

## 6. Financial Crimes ★

### • 2-4 hours

This program teaches students the individual and social consequences of financial crimes, the impacts of financial crimes on communities and families, and strategies students can use to avoid fraudulent behavior in the future.

The evidence-based coursework is appropriate for wide variety of common financial crimes, including: bankruptcy fraud, bribery/corruption, counterfeiting, credit card fraud, embezzlement, forgery, identity theft, insider trading, insurance fraud, mail/wire fraud, money laundering, mortgage fraud, securities/investment fraud, tax evasion/fraud, and writing bad checks/theft by deception.

## 7. Firearm Responsibility ★

### • 2-4 hours

This program gives students information about firearm laws, teaches them how to safely handle and store firearms, and to recognize and change potential anger issues.

Good for: common misdemeanor firearm offenses, as well as in first time firearm diversion programs.

## 8. Harassment ★

### • 8 hours

This self-guided curriculum teaches adults about harassment in-person and online, how harassment can escalate into stalking or a hate crime, as well as the impact on victims for all of these forms of harm. This program covers in-person and online harassment, its relation to stalking and bias/hate crimes, victim impacts and steps to accountability.

Good for: Harassment, online harassment, cyberstalking and related in-person and electronic offenses.

## 9. Hunting Responsibility

### • 1 hour

This course helps students to understand how each state has its own set of laws governing hunting and their responsibility to know them. The Responsible Hunting Program gives them practical direction for all phases of hunting – before, during and after. They'll learn about landowners' rights, the proper way to transport the game they've hunted, how they should conduct themselves as a hunter and much more.

Good for: Misdemeanor game & equipment violations; licensing violations.

## 10. Impaired Driving ★+

### • Level 1: 2-4 hours, Level 2: 6-8 hours

This program gives students information about impaired driving and teaches them how to recognize and overcome alcohol and substance use and abuse issues. The evidence-based coursework is appropriate for wide variety of common misdemeanor alcohol and drug impaired and under the influence driving offenses and common probation applications.

Good for: Driving Under the Influence; Driving While Intoxicated; Driving While Impaired; Operating While Impaired; Driving Under the Influence of Drugs.

## 11. Life Skills (Remedial) ★

### • 2-4 hours

This remedial program (6th grade education) teaches students to think about how they think, how they live, how they communicate, and how to make better choices in their lives. The evidence-based coursework is appropriate for wide variety of common misdemeanor offenses and common probation applications.

Good for: A wide range of misdemeanor offenses and common probation applications

# E-Learning

## 12. Marijuana Education ★+

- Level 1: 2-4 hours, Level 2: 6-8 hours

This program teaches students the physiological and social consequences of marijuana usage, provides an overview of marijuana laws, and teaches techniques students can use to stop using marijuana. The evidence-based coursework is appropriate for marijuana offenses and common sanction applications.

Good for: Misdemeanor marijuana and paraphernalia possession; misdemeanor cultivating and trafficking; possession violations; underage possession violations; DUI (marijuana).

## 13. Parenting ★

- 2-4 hours

This program teaches parenting best practices and styles, child development and temperament, caring for children's physical needs, the importance of structure and routine, and child discipline. The evidence-based coursework is appropriate for family/ domestic issues, probation parent reentry, and as a companion course for our juvenile court programs.

Good for: Misdemeanor abuse, neglect and endangerment; failure to report abuse and neglect; non-support; parental non-control (juvenile); family courts, reentry and sanctions.

## 14. Revenge Porn ★

- 2-4 hours

This program covers online sexual abuse, including nonconsensual sharing of sexual material, or Revenge Porn. This self-guided curriculum teaches adults about online abuse and revenge porn. The course covers the deeper issues behind these issues, including masculinity norms, consent, and objectification and encourages students to take accountability for their behaviors.

Good for: Adult Revenge Porn and related misdemeanors.

## 15. Shoplifting ★

- 2- 4 hours

Self-guided cognitive behavioral curriculum that allows students to learn about the personal and societal consequences of shoplifting and behavioral techniques to manage the behavior.

Good for: Retail theft

## 16. Theft ★+

- Level 1: 2-4 hours, Level 2: 6-8 hours

Self-guided cognitive-behavioral curriculum that allows students to learn more about different classifications and consequences of theft, the personal and societal impacts of these crimes, and how they can make changes in their lives to avoid committing these crimes in the future.

Good for: Theft of property & services; receiving stolen property; misdemeanor burglary; shoplifting.

## 17. Traffic Safety ★

- 1 hour

This program teaches students behavioral driving techniques to improve driving attitudes, avoid aggressive drivers, and improve driving performance in common scenarios such as distracted, inclement and other hazardous conditions.

Good for: Misdemeanor traffic offenses and violations.

## 18. Underage Substance ★+

- Level 1: 2-4 hours, Level 2: 6-8 hours

This program teaches students the dangers of alcohol and substance abuse, anger and conflict factors, and suggests techniques for changing behavior. The coursework is appropriate for underage alcohol offenses and common juvenile sanction applications.

Good for: Juvenile alcohol and tobacco possession

## 19. Victim Impact Panel

- 2 hours

ONLINE VICTIM IMPACT PANEL FOR ALCOHOL AND SUBSTANCE OFFENDERS

## E-Learning

This online Victim Impact Panel is developed around the film *Impact: After the Crash*, a documentary that explores the horrific Carrollton, Kentucky bus crash of May 14, 1988. The crash killed 27 people (mostly children) and injured nearly 35 others, still the worst drunk-driving related accident in U.S. history. The unit also includes a personal message to alcohol and substance offenders from the film's coproducer and a survivor of the crash. The film includes testimonials from survivors of the crash, families and loved ones of those who perished, law enforcement officers who worked the scene, and others in the community who were impacted. In addition to the documentary, students are required to provide essay format responses to questions about victims, offender accountability and future choices. Those answers are recorded for case worker review, and students are required to answer each in order to pass the course. Good for: Exhibition of Speed, Hit and Run, & other traffic violations where a substance use may have been involved